GUIDANCE ON THE USE OF VHF AT SEA

1. At its twentieth session, the Sub-Committee on Safety of Navigation prepared a draft text of a "Guidance on the use of VHF at sea" (NAV XX/10, Annex VII).

2. At the request of the Sub-Committee the draft text of the Guidance, which is attached hereto, is brought to the attention of all Member Governments with an invitation to use it experimentally and to submit their comments and proposals in the light of experience gained. Based on these comments and proposals a final text will be prepared at the Sub-Committee's next session.

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ANNEX VII

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1. VHF COMMUNICATION TECHNIQUE

Golden rule: listen and think before transmitting.

(a) Listening

Listen before commencing to transmit. In this way the irritating practice of transmitting on a channel which is already in use will be avoided. By exercising some patience it can be verified that the channel is not being used.

(b) Thinking

Thinking before transmitting is necessary to avoid unnecessary breaks in communication while the person transmitting decides what to say. The radiocommunication channels are much too busy to waste valuable time and the person kept waiting may have a very important message to transmit.

(c) Discipline

Needless and superfluous transmission on VHF is another depend on an already fully loaded communication system. During port approach and port navigation all unnecessary demand on the operating personnel must be avoided. In addition the Radio Regulations forbid unnecessary communications.

(d) Talking

Repetition of words and phrases should be avoided unless the receiving station asks for repetition.

(e) Power reduction

Where a choice exists, use the lowest power of the transmitter which gives satisfactory communication.

(f) Control

The ship must follow the instructions of the shore station, which will indicate the channel to change to for further communication or perhaps to stop transmitting. The shore station may be receiving a
2. PROCEDURE

(a) Calling

(i) Although Channel 16 - in addition to being a distress and safety frequency - is a calling frequency, do not call on Channel 16 if a working frequency is known to be watched. Call on the working frequency if possible.

(ii) When calling a shore station or another ship, say the name of the station or ship called (twice, if considered necessary in heavy radio traffic conditions) followed by the phrase THIS IS and your own ship's name, to ascertain reception and recognition. To expedite contact add the channel in use.

Example: Port City, Port City this is Seastar, Seastar on Channel 14.

(iii) In all cases the call may be followed by:

"Channel ...".

(b) Exchange of messages

(i) When communicating with a ship whose name is unknown but whose position is known, that position may be used. In this case the call is addressed to all ships.

Example: All ships, all ships, this is Pastoria, Pastoria. Ship approaching number four buoy I am passing Belinda Bank Light.

(ii) Where a message is received and only acknowledgement of receipt is needed, say "received". Where a message is received and it is desired to confirm that the information in it is correct and/or understood, say "Received. Understood", and repeat the substance of the message if considered necessary.

Example: Message: Your Berth will be clear at 0830.

Reply: Received. Understood.

Berth clear at 0830.
(iii) When the call is complete, and subsequently during exchange of messages, a station may invite reply by saying: "Over".

(iv) Where it is appropriate, the following message may be sent: "Please use/I will use, the standard marine vocabulary". Where language difficulties exist which cannot be resolved by use of the vocabulary, the International Code of Signals may be used.

The appropriate message is then: "Please use/I will use, the International Code of Signals".

The word INTERCO should precede International Code (see also Chapter VII of the International Code of Signals).

(v) Where a message contains instructions or advice and this is to be acted upon, repeat the substance of the message stating the action to be taken.

Example: Message: Advise you pass astern of me.
Reply: I will pass astern of you.

(vi) Where a message is not properly heard, say: "Say again".

(vii) Where a message is heard but not understood, say: "Message not understood".

(viii) If it is necessary to change to a different channel, say: "Change to Channel ..."
Await acknowledgement before carrying out the change.

(c) **End of communication**

The end of communication is indicated by each station adding at the end of its last reply: "Out".

3. **STANDARD MESSAGES**

(a) Most communications between ship and shore authorities are exchanges of information. Where the requirements of the shore authority are known, it is possible to give this information in the form of standard messages. This will reduce the time necessary to exchange this information.
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Example: All ships, all ships, this is Pastoria, Pastoria. Ship approaching number four buoy I am passing Belinda Bank Light.

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Example: Message: Your Berth will be clear at 0830.

Reply: Received, Understood.

Berth clear at 0830.
(b) Obviously not all circumstances are covered by the standard messages but the principle is similar to that which produced the Standard Vocabulary and further information given should follow the style and guidance of the Vocabulary.

(c) For the most common situations standard messages are given in the following examples. These items should always be transmitted in the order given in the Table.
<table>
<thead>
<tr>
<th>Type of Message</th>
<th>Address</th>
<th>Nationality</th>
<th>Mace of ship</th>
<th>Call sign</th>
<th>Position</th>
<th>Course/Speed</th>
<th>Last port</th>
<th>Destination</th>
<th>ETA (point or area)</th>
<th>ERP/length</th>
<th>Draught</th>
<th>Cargo (kind and quantity)</th>
<th>Storage</th>
<th>Malfunctions</th>
<th>Intended route</th>
<th>ETA next way point</th>
<th>VHF Channel</th>
<th>Agent</th>
<th>Vocabulary, Part III paragraph</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contacting Message</td>
<td>X</td>
<td>X</td>
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<tr>
<td>Arrival Message (see note 1)</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
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<tr>
<td>HPA Message/ETD Message</td>
<td>X</td>
<td>X</td>
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<td>X</td>
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<td>4</td>
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<tr>
<td>Pilot Request Message</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
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<tr>
<td>Radar Identification Message</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
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<td>11</td>
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<tr>
<td>Dangerous Cargo Message (see note 2)</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
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<td>X</td>
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<td>7.18</td>
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<tr>
<td>Way Point Message</td>
<td>X</td>
<td>X</td>
<td>X</td>
<td>X</td>
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<tr>
<td>Anchoring Message</td>
<td>X</td>
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<tr>
<td>Clearance Message</td>
<td>X</td>
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<tr>
<td>Change channel Message</td>
<td>X</td>
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<tr>
<td>Incident Message (see note 3)</td>
<td>X</td>
<td>X</td>
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<td>X</td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>2</td>
<td>I am</td>
</tr>
</tbody>
</table>

Note 1: often sent by radiotelegraphy or radiotelephony.

Note 2: all ships carrying dangerous goods should give prior advice to the Port Authority at least 48 hours before entry into the port area or where this is not practicable (e.g., short sea traffic) as early as possible prior to entry into the port area.

Note 3: in the case of a Distress, Urgency or Safety Message, the corresponding prefix Mayday, Pan or Securité, has to be used.
### Examples of Standard Messages

<table>
<thead>
<tr>
<th>Messages</th>
<th>Items</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First Contact Message</strong></td>
<td>Port City, Port City, this is Sea King, this is Sea King, on channel 14, over.</td>
</tr>
<tr>
<td>(See note)</td>
<td>(addressee) (sender) (VHF channel)</td>
</tr>
<tr>
<td><strong>Arrival Message</strong></td>
<td>Port City, this is United Country ship Sea King, over.</td>
</tr>
<tr>
<td></td>
<td>(addressee) (nationality) (sender)</td>
</tr>
<tr>
<td></td>
<td>Call sign Alpha Bravo Charlie Delta, from Lake Town, (call sign)</td>
</tr>
<tr>
<td></td>
<td>(last port)</td>
</tr>
<tr>
<td></td>
<td>To harbour No. 2, ETA 1400, I require a river pilot, (destination)</td>
</tr>
<tr>
<td></td>
<td>(ETA) (pilot details)</td>
</tr>
<tr>
<td></td>
<td>My length is 150 metres, my draught is 9 metres, I am carrying dangerous cargo, (BRT/length) (draught)</td>
</tr>
<tr>
<td></td>
<td>300 tons DWT Class 4.1, in No. 4 hold, my forecastle is damaged and my radar is not working, My Agent is Cargo Services Company, over. (cargo) (stowage) (malfunctions) (agent)</td>
</tr>
<tr>
<td><strong>ETA Message</strong></td>
<td>Pilot station, this is Island Republic ship Sea King, over.</td>
</tr>
<tr>
<td></td>
<td>(addressee) (nationality) (sender)</td>
</tr>
<tr>
<td></td>
<td>Call sign Mike Oscar Papa Delta, (call sign)</td>
</tr>
<tr>
<td></td>
<td>My ETA pilot station 0600, over. (ETA)</td>
</tr>
<tr>
<td><strong>Pilot Request Message</strong></td>
<td>Port City, this is Sea King, I am bound for North Harbour, ETA 0600,</td>
</tr>
<tr>
<td></td>
<td>(addressee) (sender) (destination) (ETA)</td>
</tr>
<tr>
<td></td>
<td>I require a pilot, over.</td>
</tr>
</tbody>
</table>

**Note:** Call on working channel. Only use channel 16 when working channel not known.
<table>
<thead>
<tr>
<th>Radar Identification Message</th>
<th>Radar Station, this is Seaship, my position is 090 degrees two miles from lighthouse, (position) &lt;br&gt; Course 300 speed 20 knots, over. (course/speed)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dangerous Cargo Message</td>
<td>Port City, this is Seaship, I am carrying 100 tons CHLOROBENZENE, IMDG Class 3.3, UN No.1124, (dangerous cargo) &lt;br&gt; in Centre tank No. 7, etc, etc, over. (stowage)</td>
</tr>
<tr>
<td>Way Point Message</td>
<td>Port City, this is Seaship, I am at Way Point No. 1, (position) &lt;br&gt; my ETA Way Point No. 2 at 1600, over. (ETA next Way Point)</td>
</tr>
<tr>
<td>Anchoring Message</td>
<td>Port City, this is Seaship, I am anchored in position 200 degrees one mile from breakwater, over. (position)</td>
</tr>
<tr>
<td>Clearance Message</td>
<td>Port City, this is Seaship, I am berthed at Harbour Quai, bound for the Roads, via South Channel, (destination) (intended route) &lt;br&gt; I request clearance, over.</td>
</tr>
<tr>
<td>Change of channel message (See note)</td>
<td>Port City, this is Seaship, change to channel 10, over. (VHF channel)</td>
</tr>
<tr>
<td></td>
<td>Note: Await acknowledgement before changing.</td>
</tr>
</tbody>
</table>
| Incident Message | MAYDAY, MAYDAY, MAYDAY, this is Seaship, Seaship, Seaship,  
|                 | (prefix 3 x) (sender 3 x)  
| **(Distress)**  | My position is 180 degrees one mile from buoy number 10,  
|                 | (position)  
|                 | I am sinking, I require immediate assistance, over  
| **(Urgency)**   | PAN PAN, PAN PAN, PAN PAN, this is Seaship, Seaship, Seaship,  
|                 | (prefix 3 x) (sender 3 x)  
|                 | My position is 180 degrees one mile from buoy number 10,  
|                 | (position)  
|                 | I have been in collision and am in no immediate danger, over.  
| **(Safety)**    | SECURITÉ, SECURITÉ, SECURITÉ, this is Seaship, Seaship, Seaship,  
|                 | (prefix 3 x) (sender 3 x)  
|                 | My position is 180 degrees one mile from buoy number 10,  
|                 | (position)  
|                 | My engines are broken down and I am anchoring in the northbound traffic lane. Request ships keep clear, over.  
| **(Minor incident)** | Other minor incidents may occur within harbour limits when it is desirable to notify the harbour office as follows:  
|                 | Port City, this is Seaship, My position is 180 degrees one mile from buoy number 10,  
|                 | (addressee) (sender) (position)  
|                 | I have lost my anchor and buoyed it in position two miles East of Head Point.  