GUIDANCE ON DISTRESS ALERTS

1 The Sub-Committee on Radiocommunications and Search and Rescue (COMSAR), at its thirteenth session (19 to 23 January 2009), finalized the annexed Guidance on distress alerts, describing the operating procedure for a distress alert.

2 Member Governments are invited to bring the annexed guidance to the attention of their shipowners, seafarers and all others concerned.

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ANNEX

GUIDANCE ON DISTRESS ALERTS

LIFT COVER
PRESS RED BUTTON
until acoustic and light-indication becomes steady (more than 3 seconds)

Use the HANDSET for voice calling

MAYDAY-MAYDAY-MAYDAY
THIS IS
NAME – NAME – NAME
CALLSIGN or other IDENTIFICATION
MMSI (if the initial alert is sent by DSC)

MAYDAY
NAME of the VESSEL in distress
CALLSIGN or other IDENTIFICATION
MMSI (if the initial alert is sent by DSC)

POSITION
given as latitude and longitude
or
If latitude and longitude are not known or if time is insufficient, in relation to a known geographical location
NATURE of distress
Kind of ASSISTANCE required
Any other useful INFORMATION

OWN ID
SHIP’S NAME:
CALL SIGN:
MMSI:

DISTRESS and COMMUNICATION FREQUENCIES

<table>
<thead>
<tr>
<th>DSC</th>
<th>Radiotelephony</th>
<th>NBDP</th>
</tr>
</thead>
<tbody>
<tr>
<td>VHF</td>
<td>Channel 70</td>
<td>2174.5 kHz</td>
</tr>
<tr>
<td>MF</td>
<td>2167.5 kHz</td>
<td>2174.5 kHz</td>
</tr>
<tr>
<td>MF</td>
<td>2167.5 kHz</td>
<td>2162 kHz</td>
</tr>
<tr>
<td>HF4</td>
<td>4207.5 kHz</td>
<td>4125 kHz</td>
</tr>
<tr>
<td>HF6</td>
<td>6312.0 kHz</td>
<td>6215 kHz</td>
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<tr>
<td>HF8</td>
<td>8414.5 kHz</td>
<td>8291 kHz</td>
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<tr>
<td>HF12</td>
<td>12577.0 kHz</td>
<td>12230 kHz</td>
</tr>
<tr>
<td>HF16</td>
<td>16804.5 kHz</td>
<td>16420 kHz</td>
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</tbody>
</table>

Remember to use the correct HF-procedures
Don’t forget your EPIRB is the secondary means of alerting